

Connecticut Holistic Health Association

CTHHA.org

Member Directory

March 2007

A Healing Place

M2M

Merri Korn, MS, ABT, LMT

800 Cottage Grove Road, Blg #5, Bloomfield, CT, 06002

Tel: (860) 242-0105

E-mail: mk@chineseherbshop.net Website: <http://www.chineseherbshop.net>

At A Healing Place®, founder/owner Merri Korn uses acupressure and Chinese herbal therapies to treat a wide range of common conditions. Utilized separately or together, acupressure and herbs are helpful with fatigue, stress, headaches, menstrual problems, digestion issues, allergies and more. These modalities go beyond symptomatic treatment. Chinese herbs are available on-line also. For more information:
<http://www.chineseherbshop.net>

Credentials & Education

CT State Lic. Massage Therapist; Certified in Acupressure and Chinese Herbal Medicine; Member, AOBTA.

Advanced Healing Arts

M2M

Ellen Richards, MA, PT, CBT

40 Barbara Lane, Woodbury, CT, 06798

Tel: (203) 263-8200 Fax: (203) 263-8484

E-mail: advancedhealingarts@charter.net Website: advancedhealingarts.org

Credentials & Education

MA, PT, Certified Homeopathic, Wellness Consultant, Quantum Biofeedback Therapist

Ages of Health, LLC

M2M

Patricia Clynch

261 Pinney Street, Ellington, CT, 06029

261 Pinney Street, Ellington, CT, 06029

Tel: (860) 872-9532

E-mail: agesofhealth@comcast.net

Iridology - is a science and an art. We can see basic levels of conditions, inherent weaknesses and strengths, immune system, toxic build up in bowels, kidneys, liver and much more. A client can choose a 32-page report on 144 evaluations specific to their health with a microscopic photo of their eye.

Live blood cell analysis is done with the use of a darkfield microscope. We are able to see the condition of the blood. Nutrient deficiencies can be also seen by analyzing the size, shape, conditions of the cell, etc. Suggestions are made with the appropriate enzymes, vitamins, herbs and minerals.

Credentials & Education

Ernie Paquette, B.A, M.A, M.Div, Ir, CEM. BA Social Sciences, M.A. Master of Arts in Sacred Scripture, M.Div- Masters in Divinity, Ir-Certified in Iridology, CEM- Certified in Live Blood Cell Analysis

Sally Algieri, RN, BSN, MA
Complete Care Associates

33 woodland Dr, Durham, CT, 06422
Tel: (860) 490-2292
E-mail: salgiere7@comcast.net

Credentials & Education

Jin Shin Jyutsu Practitioner

Ask Joanne, LLC
Joanne Marcinek

22 Honey Lane, Sandy Hook, CT, 06482
Tel: (203) 364-0222
E-mail: askjoanne@charter.net Website: www.askjoanne.com

Joanne Marcinek is a woman with a mission. Her passion is helping people get the relevant information they need on the Internet. Her expertise is translating techno-babble into straightforward, easy-to-understand language. Ask Joanne, LLC can help you implement a complete, frugal and effective internet marketing plan.

Joanne has been searching and researching on the internet since 1992 and has developed an intuition about how to find what she's looking for. Joanne has been marketing and optimizing websites for the search engines since 2001.

Associates in Kinleining, Inc.
Jeanette Tedesco, PhD, LPC, RN, CPK

1215 Thomaston Avenue, Waterbury, CT, 06704
Tel: (203) 753-0868 Fax: (203) 753-0860
E-mail: j.tedesco@sbcglobal.net

Certified in the Practice of Kinlein (CPK) Post Doctoral Studies, Institute of Kinlein, MD; PhD U-CONN, Nursing; Licensed Professional Counselor (LPC), CT & NBCC; Past Director of The Institute for Holistic Health Studies at WCSU, Danbury.

Credentials & Education

Certified in the Practice of Kinlein (CPK) Post Doctoral Studies, Institute of Kinlein, MD; PH.D. U-CONN, Nursing; Licensed Professional Counselor (LPC), CT & NBCC; Past Director of The Institute for Holistic Health Studies at

Balanced Essence



Barbara Fasulo

954 Newfield Street (Rt 3), Middletown, CT, 06457
59 Clubhouse Drive, Cromwell, CT, 06416
59 Clubhouse Drive, Cromwell, CT, 06416
St. Francis Care, 31 Sycamore Street, Glastonbury, CT, 06033
546 Cromwell Ave (Rte 3), Rocky Hill, CT, CT, 06416
Tel: (860) 416-5288

E-mail: balancedessence@yahoo.com Website: www.BalancedEssence.com

Breathing Space Therapeutic Massage



Miriam Kennedy

2446 Albany Avenue, Ste 304, West Hartford, CT, 06117
Tel: (860) 231-8844
E-mail: mimisings@comcast.net

Grounded in the belief that the natural tendency of the body is to heal, Mimi holds a place of wholeness, encouraging inward focus and breath awareness to facilitate the client's releasing physical and emotional stress, becoming more attuned to nourishing body, mind and spirit. As a licensed massage therapist she takes an eclectic approach, drawing on knowledge and experience with Swedish massage, Jin Shin Do® Bodymind Acupressure®, Cranial Fluid Dynamics, Polarity and Therapeutic Touch.

Credentials & Education

BA in Music, Carleton College; Graduate of New York Program, Connecticut Center for Massage Therapy; Registered Practitioner, Jin Shin Do(r) BodyMind Acupressure(tm). Studies in Polarity, Therapeutic Touch, Cranial Fluid Dynamics, CranioSacral Therapy.

Yvonne Bregman, LCSW



Yvonne B. Bregman, LLC, LCSW

38 A Grove Street, Suite 304, Ridgefield, CT, 06877
Tel: (203) 512-0732 2nd Tel: (203) 512-0732 Fax: (203) 438-1791
E-mail: yvonnebbregman@yahoo.com Website: www.yvonnebbregman.com

Credentials & Education

Nancy Brockett, PhD
Soul Support Counseling

M2M

801 Farmington Avenue, West Hartford, CT, 06119
183 Victoria Road, New Britain, CT, 06052
P.O. Box 3224, New Britain, CT, 06050-3224
Tel: (860) 223-2232
E-mail: nancysoulsupport@juno.com Website: <http://www.soul-support.org/>

A holistic counselor and certified spiritual director, Nancy Brockett has provided relationship, individual, and spiritual-growth counseling since 1994. Nancy helps individuals, couples and families going through life transitions to identify patterns of behavior that keep them from getting what they want and supports them as they create healthy responses so they can take the steps they want into living life more fully. She is committed to helping people grow their soul at their own pace.

Credentials & Education

BA - English, PhD - Clinical Psychology; Certified in Spiritual Direction; Member: ACA, CCA, Spiritual Directors International; associated with Spiritual Life Center, Inc. Bloomfield, CT and Healthy Directions Center, West Hartford

Rita Marie Bryant

M2M

Pure Hearts Healing Light Center

PO Box 147, New Milford, CT, 06776
Tel: (860) 350-2225
E-mail: PureHearts@usadatanet.net Website: www.pureheartscenter.blogspot.com

An Initiated/Teacher associated with one of the 7 Mystery Schools in the World, most of my teachings follow the knowledge of the King Solomon lineage to present day. Over 2,000 years of information has now been made available to us. Various healing techniques used - Starseed Healings, Emotional Cord Cutting, King Solomon Modalities, Readings, Home/Office Clearings, plus. Classes: Reiki Certifications, Astral Travel, Romantic Living, Gift of the Spirits, Kabbalah, plus

Credentials & Education

Rita's a Reiki Master. With continued courses through The Triolite Foundation, a Teacher, Ritual Master, Kabbalist, Channeler and administers various energy/healing techniques. Classes offered.

Carleen Wells

M2M

Carleen Wells

444 Oliver Rd, Lebanon, CT, 06249

Tel: (860) 642-7410 Fax: (860) 642-6361
E-mail: sunshinecat@hotmail.com

Credentials & Education

Reiki Master Teacher

Carn A Feith

M2M

Dorothy McCaughtry, RMT, IARP

44 Portland Drive, Ashford, CT, 06278
Tel: (860) 429-7637 Fax: (860) 429-7930
E-mail: dottiem@aol.com Website: www.carnafeith.com

Dottie McCaughtry, RMT
Usui, Rainbow and Karuna Reiki Master/Teacher
Shamanic Healer
Carn a' Feith: The Healing Place
44 Portland Drive, Ashford, CT 06278
(860)429-7637
www.carnafeith.com

Private healing sessions and a variety of classes and workshops are offered, including d to) Rainbow Reiki I & II, Usui - all levels, Body of Light, Rainbow Reiki Body of Light and Rainbow Reiki Essences and Elixirs. Information at www.carnafeith.com or by contacting Dottie at dottiem@aol.com or at (860)429-7637.

Credentials & Education

Rainbow & Usui Reiki Master

Carucci Chiropractic Center

M2M

Michael Carucci, DC

415 Silas Deane Highway, Suite 400, Wethersfield, CT, 06109
Tel: (860) 257-8445 Fax: (860) 257-8084
Website: www.drcarucci.com

Credentials & Education

DC, Acupuncture Cert.

CenterIMT Bloomfield

M2M

Sharon Weiselfish-Giammatteo, PhD, PT, IMTC

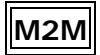
800 Cottage Grove Road, Bldg 2, Bloomfield, CT, 06002
2260 Main Street, Glastonbury, CT, 06033
Tel: (860) 243-6571 Fax: (860) 243-6579
E-mail: CIMTBloomfield@CenterIMT.com Website: www.CenterIMT.com

CenterIMT is the provider of a unique form of body work called Integrative Manual Therapy. This non-invasive, drug-free healing modality is based on clinical and scientific research. It is implemented gently with human hands and has yielded dramatic results for people with a wide variety of ailments. CenterIMT's mission is to be a beacon of world leadership in health care. Our path and purpose is insuring optimal health for all who seek it.

Credentials & Education

Practitioners are Certified Integrative Manual Therapists, Physical, Massage and Occupational Therapists, Chiropractors. IMT has been in development during the past 30 years by Sharon Weiselfish Giammatteo, Ph.D., P.T., I.M.T.,C.

Cynthia Chase, MSW, LCSW



Cynthia M. Chase

34 Connolly Drive, Old Saybrook, CT, 06475
Tel: (860) 395-0284 Fax: (860) 510-0029
E-mail: cynthia_chase@sbcglobal.net Website: cynthiamchase.com

Credentials & Education

MSW, LCSW, Reiki Master

Clutter Workshop

Beth Johnson

115 Washington Circle, West Hartford, CT, 06119-2027
Tel: (860) 232-3838
E-mail: beth@clutterworkshop.com Website: <http://www.clutterworkshop.com/>

Colonic Institute of West Hartford

Ami Beach

43 North Main Street, West Hartford, CT, 06107
Tel: (860) 521-8831
E-mail: colonics4life@aol.com Website: <http://www.colonics4life.com>

Ami Beach is the owner/founder of The Colonic Institute. In addition to her Hydrotherapy certification, Ami has a background in aromatherapy, holistic health counseling, nutrition and detoxification. All staff members are certified and utilize the most technologically advanced FDA equipment available in the US. New services include: EAR CONING, REIKI, INFRARED SAUNA THERAPY, SHIRODHARA, MASSAGE THERAPY, IONIC FOOTBATH THERAPY and RIFE ENERGY HEALING. A beautiful, soothing and nurturing environment, in a wonderful location.

Credentials & Education

Ami is Certified and a member of I-ACT. She graduated from The International School of Colon Hydrotherapy in Juno Beach Florida. All other staff members are all I-ACT certified.

Complementary Healthcare Institute, LLC

M2M

Denise Wolf

35 Nod Road, Ste 106, Avon, CT, 06001

Tel: (860) 409-1501

E-mail: comphealthinst@aol.com Website: www.comphealthcare.org

Energy Medicine ~ Feng Shui ~ Holistic Nursing ~ Massage Therapies ~ Meditation ~ Pain Release Therapy ~ Relaxation Techniques for Surgery ~ Smoking Cessation ~ Stress Reduction Therapy ~ Weight Management. CHI's goal is to promote, nurture and maintain good health. We provide both wellness care for health-conscious individuals to help prevent sickness, and integrative healthcare for individuals suffering from many illnesses including stress and pain related illness. Our health practitioners assist individuals in promoting long, healthy, balanced and active lifestyles. With these skills, individuals can become clear and focused, and act from a grounded, confident place of certainty. Our philosophy, Mindful Living(TM), means living moment to moment with present awareness of our mind, thought patterns, and reactive behaviors. Our integrative medicine programs rejuvenate the body and increase one's energy level, strengthening of vital life force and immune system.

Credentials & Education

Denise Wolf, Founding Director, RN, MSN, HNC, CH, Holistic Nursing, Energy Therapy, Hypnotherapy. Malou Guillen Dusyn, Founding Director, Energy Therapy, Psycho-spiritual Counseling, Feng Shui

CT Emotional Wellness Center

M2M

Cynthia Woodis West, M.A.

CT Emotional Wellness Center, 75 Valinsky Road, Lebanon, CT, 06249

Tel: (860) 642-7379 Fax: (860) 642-9972

E-mail: cynthia@ctemotionalwellness.com Website: www.CtEmotionalWellness.com

Credentials & Education

Master of Arts - Psychology, Certified EQ at Work Coach

**CT Institute for Herbal Studies
Laura Mignosa**

900 Wells Road, Wethersfield, CT, 06109
Tel: (860) 666-5064
E-mail: laurachina@aol.com Website: www.ctherbschool.com

Laura is a Nationally Certified Chinese Herbologist who founded the CT Institute for Herbal Studies in 1992. Chinese Medicine is life-long study. The wealth of knowledge she receives both in China and the United States yearly enables her to share this affordable, safe and effective medicine with all who seek it.

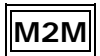
Laura is a national lecturer on Chinese Herbology, past education co-chair of the Greater Hartford Holistic Health Association & was the founding Vice President of the Ct Herb Assoc. In addition to her work at the school, Laura teaches at area universities, promote wellness at local hospitals and is involved in a clinical study using Chinese Herbs for menopause as well as formulating herbs for Pets.

Appointments for care are made Monday - Friday at my office in Wethersfield and at Grant Chiropractic Health Center in Milldale on Tuesday & Thursday Mornings.

Credentials & Education

NCCH, AADP

**Dr. Paul Dunion
Paul Dunion, EdD, LPC**



22 Southgate Circle, North Franklin, CT, 06254
Tel: (860) 822-8548 Fax: (860) 822-8548
E-mail: pjdunion@snet.net Website: www.pauldunion.com

Credentials & Education

EdD,LPC, NBCC Certified

**Family Practice Grp Middlesex Hsp
Susan Hadley, MD**

132 Hunting Hill Avenue, Middletown, CT, 06457
Tel: (860) 344-6465
E-mail: Susan_Hadley@midhosp.org

Farmington Valley Physical Therapy

Boguslawa Badon, RPT



112 South Main Street, Farmington Valley Physical Therapy, Unionville, CT, 06085

40 Hart Street, Building A, New Britain, CT, 06051

Tel: (860) 673-0223 2nd Tel: (860) 223-7524 Fax: (860) 673-7605

E-mail: fvpt@fvpt.com Website: www.fvpt.com

Credentials & Education

RPT, Somatics Institute

Ferrier Physical Therapy

Susan Ferrier Lang, PT

954-A Middlesex Turnpike (Rt. 154), Old Saybrook, CT, 06475

Tel: (860) 388-5900 2nd Tel: (877) 343-9500 Fax: (860) 388-5900

E-mail: SFLangPT@yahoo.com Website: www.susanferrier.com

"As we understand the forces that shape us we can create real change in our bodies and in our lives." Susan Ferrier Lang, PT, practices holistic physical therapy, treating the cause, not merely the pain. She uses manual therapy techniques, such as Craniosacral Therapy, Myofascial Release, NeuroFascial Release, and Muscle Energy. These and other gentle techniques, with therapeutic exercise can help patients from infancy to adulthood integrate real and beneficial changes into their bodies.

Credentials & Education

BS in Physical Therapy, Russell Sage College; Licensed Physical Therapist since 1977; participates as student and assistant in several seminars each year.

Finding Peace of Mind

Donna Cassity, RN, MDiv, MA



57 LAURELWOOD LANE, Hamden, CT, 06518

Tel: (203) 407-0492 2nd Tel: (203) 430-9429

E-mail: donnacassity@comcast.net Website: www.findingpeaceofmind.com

How do you find peace of mind?

Getting up and feeling good every day is a gift. Many people have been robbed of feeling good because of the amount of stress in their lives.

Do you want to find peace of mind? You can. Call for a phone or in person appointment:

Donna Cassity, RN, MDiv, MA

Phone: 203-407-0492

Email: donnacassity@comcast.net

Credentials & Education

MDiv, MA, Whole Health Counselor

Carmela Garofalo, RSM, MA

M2M

Whole Life Journeys

54 Clifford Dr., West Hartford, CT, 06107

Tel: (860) 232-7723

E-mail: scgarofalo@juno.com

As a certified Rosen Method® Bodywork practitioner, Carmela uses words and gentle touch to support a deepening of physical and emotional awareness in her clients. Through this powerful yet gentle complementary modality, she collaborates with clients in listening to their bodies and allowing them to come to consciousness with the truth within. This results in deep relaxation, awareness of underlying causes for chronic and emotional pain, and a greater sense of integration, authenticity and aliveness.

Credentials & Education

BA Education, MA Counseling, MA Spanish. Post-graduate work in Spirituality, certified Reiki and Therapeutic Touch practitioner. Training in Focusing and Color Breathwork.

Aimee Golbert, LCSW, BCD
West Hartford Counseling Center

664 Prospect Avenue, 2nd Floor, Hartford, CT, 06105

Tel: (860) 233-4830 Fax: (860) 231-6222

E-mail: aimeeg@westhartfordcounselingcenter.com Website: www.westhartfordcounselingcenter.com

Aimee Golbert is a body-centered Gestalt psychotherapist who focuses on the integration of emotions, body and spirit to help address long-standing patterns of distress. She works psycho-dynamically and blends into her practice the experiences of Animal Imagery, Sandtray Therapy and EMDR to help individuals access and strengthen connection to their own inner resources. Areas of specialization include anxiety, depression, grief, relationship issues, trauma, life transitions and personal growth.

Credentials & Education

CT Licensed Clinical Social Worker; Board Certified Diplomate in Clinical Social Work; Grad., HFI Body-Centered Gestalt Therapy Training; Sandtray Therapy & Permissive-Hypnotherapy.

Dr. Kimble Greene, PhD

M2M

Solace Consulting, LLC

Solace Consulting, LLC, 19 Maple Avenue, Amston, CT, 06231
Tel: (860) 316-7530
E-mail: solaceconsulting@sbcglobal.net

SOLACE CONSULTING, LLC
Dr. Kimble Greene, President
Barbara Giangreco, LMFT, Primary Consultant
19 Maple Avenue
Amston, CT 06231
860-316-7530
solaceconsulting@sbcglobal.net

Solace's professional consultants and counselors provide holistic healing and education, designed to promote whole wellness and healing, in the following modalities; psycho-spiritual counseling; transpersonal psychotherapy; energy healing; spiritual guidance; personal coaching & development; training and education.

Serving; individuals, groups, families, couples, children, adolescents and adults.

Services provided at THE SANCTUARY, a nature retreat in Amston, CT. Solace honors all lifestyles, spiritual and religious practices, and personal choices. Sliding fees available.

Credentials & Education

Kimble Greene, Ph.D. in transpersonal psychology, certified counselor, trained in spiritual guidance and energy healing, specializing in overall wellness and growth, recovery, abuse, grief, trauma and body/injury healing.
Barbara Giangreco, LMFT specializes in spiritual psychotherapy, recovery, grief, trauma and wellness.

Credentials & Education

PhD, LMFT, LPC

Dr. Dave Greenfield, PH. D.
The Healing Center, LLC

M2M

12 North Main street, suite 108, West Hartford,, CT, 06107
Tel: (860) 561-8727 2nd Tel: (860) 214-4499 Fax: (860) 561-8424
E-mail: dave@thehealingcenter.us Website: www.thehealingcenter.us

The Healing Center, LLC offers traditional and holistic psychological services provided within a compassionate and growth-facilitating environment. Our philosophy is that healing involves the integration of Mind, Body, and Spirit; we believe that problems and symptoms are guides to our ultimate growth and healing. We offer unique tools to assist individuals in their path to growth, including Psychotherapy, EMDR, Energy Healing, Mind-Body work, Hypnosis/Meditation, and Spiritual Counseling. We have specialties in relationships, marriage, men's issues, sex, and treatment of addictions, including Internet addiction. We also offer standard psychological and psychiatric services for the treatment of depression, anxiety, parenting concerns, self-esteem, addictions, and general life-style and well being. We are experienced, highly trained licensed clinician's with a commitment to personal and spiritual growth and development. We are strongly committed to integrating a spiritual perspective when desired and believe that psychological and spiritual growths are parallel processes.

Credentials & Education

MA, PHD, certified in addictions treatment, certified in marital therapy, licensed as psychologist in CT and NY.

Greenwich Healing Hands

Bob Jensen, LMT



270 Mason St., Suite 12, Greenwich, CT, 06830

Tel: (203) 253-5576

E-mail: healinghands@snet.net Website: <http://www.GreenwichHealingHands.com>

Credentials & Education

BS, LMT, RMT

Andrea E. Gruszecki, ND, ND

InnerLight

A logo consisting of the letters 'M2M' in a bold, sans-serif font, enclosed within a double-lined rectangular border.

2490 Black Rock Turnpike #396, Fairfield, CT, 06825-2400

Tel: (203) 367-5696

E-mail: dr.andrea@UnityCT.org

Dr. Andrea works with you to uncover the true cause of your "dis-ease." In addition to naturopathic medical care, Dr. Andrea uses Biokinetic muscle testing to determine what is out of balance - Body, Mind, Emotions, Spirit or Energy Fields - then uses Biokinetic testing to select the therapies that will return you to balance and wellness. In addition, emotional or psycho-spiritual trauma is resolved using Holographic Memory Resolution(tm), a gentle, expedient, trauma resolution therapy.

Credentials & Education

Southwest College of Naturopathic Medicine; Holographic Memory Resolution Level III; Reiki Master; Ancient Rainbow Consciousness Healing; Healing Touch.

Healing Journeys, LLC

Faith Parsons, MA, CSA, LPC

A logo consisting of the letters 'M2M' in a bold, sans-serif font, enclosed within a double-lined rectangular border.

20 Guernsey Road, Bloomfield, CT, 06002

Tel: (860) 286-0032

E-mail: ffparsons@comcast.net

When you come to the edge of all the light you know and are about to step off into the darkness of the unknown, faith is knowing one of two things will happen: there will be something solid to stand on or you will be taught to fly. Faith Parsons' Healing Journeys can be your solid support and help you learn to fly.

Credentials & Education

Certified Spiritual Healer/ Energy Medicine Practitioner, The Institute of Healing Arts and Sciences; MA in Pastoral Counseling and Certificate in Spirituality, St. Joseph College

Health In Harmony, LLC

M2M

Shelley Raineau

9 Masons Island Road, Mystic, CT, 06355

Tel: (860) 536-1883 2nd Tel: (860) 625-5578 Fax: (860) 536-1464

E-mail: email@health-in-harmony.com Website: www.health-in-harmony.com

Health in Harmony is a wellness center comprised of licensed and certified holistic practitioners in the fields of Reflexology, Medical Massage, Therapeutic Massage, Ear Candling, Far Infrared Saunas, Integrative Nutrition coaching, Power Plate vibration and the Quantron Resonance System. This center is known for its detoxification programs and body work. We offer workshops for Nutrition and detoxification.

Healthful Direction

M2M

Alison Held, CHHC, AADP

4 Nash Lane, Westport, CT, 06880

Tel: (203) 557-4192

E-mail: alison@healthfuldirection.com Website: www.healthfuldirection.com

Credentials & Education

Certified Holistic Health Counselor

Innovative Hypnotherapy Center

M2M

Donna Kemper

88 Bradley Road, Ste 1, Woodbridge, CT, 06525

Tel: (203) 387-0750

E-mail: donnak@donnaemper.com Website: www.donnakemper.com

Donna Kemper is a Certified Clinical Hypnotherapist committed to helping her clients to access the deepest parts of themselves to find solutions to their problems. With Donna's guidance, clients are able to release the need to continue unwanted behaviors or belief systems that are self-sabotaging or destructive. Her desire is to empower individuals in such a way to ensure that they do not become dependent upon their therapist. Donna provides clients with a personalized relaxation tape during the first session and teaches valuable exercises to bring the body's energies into balance.

www.donnakemper.com

Credentials & Education

BA, CCHt, CEEMP

Institute of Healing Arts & Sciences, LLC
Dorothy Martin-Neville, MA, LMFT, LPC, EMP

2 Wintonbury Mall, Bloomfield, CT, 06002
Tel: (860) 286-5400

E-mail: info@instituteofhealing.com Website: www.instituteofhealing.com

Founded in 1995, The Institute of Healing Arts and Sciences, LLC, offers a four-year Energy Medicine Practitioner Program approved by the CT Commissioner of the Department of Higher Education. The emphasis of the program is placed on understanding the emotional and spiritual causes of physical illness and health. This is an intensive program for personal transformation, which leads to living life as we were intended - alive, whole and intimately connected to ourselves and others. Classes are held on five weekends from September through May. Deep personal process is supported and a multi-dimensional approach to healing is provided. Third and Fourth year students are provided internship placement in an area hospital or clinic setting.

Credentials & Education

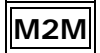
MA, Counseling and Psychotherapy, St. Joseph's College, West Hartford; BA, Comparative Theological Studies, Trinity College, Hartford; Grad., Barbara Brennan School of Healing.

Integrated Counseling Services

Erica Diamond, LMFT, Certified Reflexologist

2 Ledgebrook Drive, Mansfield, CT, 06250
Tel: (860) 933-0483

E-mail: ericadiamond@charter.net



Credentials & Education

MA from UCONN/ Certified Bach Flower Practitioner/Certified Reflexologist

Cris Jacobs, CCEP, EFT-ADV, MBA
Core Coaching, Inc.

2 Wintonbury Mall, Bloomfield, CT, 06002
Tel: (860) 559-5946

E-mail: cris@LifeChgCoach.com Website: www.LifeChgCoach.com

Cris is a Life-Change Coach with a unique combination of 20 years in the Corporate Workplace (Finance, Investments, HR Consulting), AND 10 years coaching individuals. He helps clients learn more about themselves, so they can make large positive changes in their lives, their work and their relationships. His approach is based on the spirituality of Core Energetics (a body-oriented approach to personal development) and the practicality of EFT (Emotional Freedom Technique).

Credentials & Education

EFT-ADV, Certified Core Energetics Practitioner, MBA

**Constance Jones, CCH, BA
Glastonbury Naturopathic Center LLC**

18 School Street, Glastonbury, CT, 06254
18 School Street, Glastonbury, CT, 06033
18 School Street, Glastonbury, CT, 06254
Tel: (860) 657-4105 2nd Tel: (860) 287-4558 Fax: (860) 657-8253
E-mail: connie@cleanmycolon.com Website: www.Cleanmycolon.com

Colon Hydrotherapy is the safe, gentle infusion of multi-filtered water into and out of the large intestine, with the intention of cleansing from the inside out. Our state-of-the-art, FDA registered, and self-sanitizing closed system allows us to regulate temperature and pressure while maintaining maximum safety. Using the best quality disposable equipment, we offer a nurturing and serene environment wherein your privacy and sense of well-being are easily established.

Credentials & Education

Foundation, Intermediate, Advanced, Instructor Levels of Certification- I-ACT of Colon Hydrotherapy; Certification-NBCHT; Certification in Colon Hydrotherapy- Florida School of Massage; B.A. with Honors in American Studies.

**Juice Plus+
Laurie Escudero**



10 Stardust Drive, Granby, CT, 06035
Tel: (860) 653-2664 Fax: (860) 653-1236
E-mail: Laurie@JustEatHealthy.com Website: www.JustEatHealthy.com

**Kismet Energy Therapy
David Petro**



91 Meadow St, Wallingford, CT, 06492
8 Whispering Pines Dr, Wallingford, CT, 06492
12 Baer Cir, East Haven, CT, 06512
Tel: (860) 530-9453 2nd Tel: (203) 269-5928 Fax: (203) 469-7196
E-mail: davidjoan@snet.net Website: www.personalharmonyandhealth.com

Credentials & Education

Leonard Kundel, DMD
Holistic Dentistry

1250 Summer Street, Ste 200, Stamford, CT, 06905
Tel: (203) 487-6020 2nd Tel: (203) 487-6011
E-mail: leonardkundeldmd@yahoo.com Website: www.StamfordDentist.com

Dentistry in itself is a fascinating field. When you add to that a notion that mouth and body are connected, it becomes irresistibly interesting! It is no wonder then that people are beginning to see a connection between health of one's mouth and one's body. Dr. Kundel's holistic approach allows him to think "outside the box." In his mercury-free office he practices general dentistry with emphasis on cosmetics and heavy metal detoxification. Helping someone requires flexibility of thought and an open heart. Dr. Kundel's approach is just that. Always one on one and never rushed. Dr. Kundel is a graduate of Binghamton and Tufts Universities. He is a member of International Academy of Oral Medicine and Toxicology.

Labyrinth of Dreams
Brandey Fogarty, RM

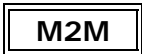


44 Canterbury Court, Torrington, CT, 06790
14 Pearl Street, Torrington, CT, 06790
14 Pearl Street, Torrington, CT, 06790
Tel: (860) 480-8975
E-mail: dreamreader@optonline.net Website: www.adreamerslabyrinth.com

Credentials & Education

Holistic Studies, BA

Dr. Tom Laga, PhD
Dr. Laga Holistic Counseling



194 Center Street, Bristol, CT, 06010
194 Center Street, Bristol, CT, 06010
Tel: (860) 584-1700
E-mail: drtom@drlaga.com Website: www.drlaga.com

Dr. Tom Laga is a Counselor-Coach-Consultant whose BodyMind therapies include the gestalt of Nutrition-Fitness-Stresscare since 1974. His primary nutritional objective is to balance your biochemistry via hair Tissue Mineral Analysis. The TMA specifies your metabolic type, 8 toxic metals, 15 nutritional minerals and the biochemical individuality of what foods and supplements you need now. Dr. Tom counsels in his library-office and will

demonstrate specific exercises in his home-gym during the fitness consultation (optional).

Credentials & Education

A comprehensive post-doctoral education; PhD in Holistic Health, Union Institute Graduate School, 1974; MA, Northwestern University, 1969; BA, Boston University, 1964; Presenter: Dr. Laga Wellness Seminars since 1974.

Linda Peterson LCSW

Linda Peterson, LCSW



864 Wethersfield Ave., Hartford, CT, 06114
Tel: (860) 432-3309 2nd Tel: (860) 424-2518 Fax: (860) 296-5939
E-mail: lindapeterson33@hotmail.com

Credentials & Education

LCSW, Certified in Hellinger Family Constellations

Katherine L. Lorensen, CH,RMT,CPK

Associates in Kinlein



530 Middlebury Road, Suite 201-B, Middlebury, CT, 06762
530 Middlebury Rd. Ste. 201-B, Middlebury, CT, 06762
530 Middlebury Rd., Ste. 201-B, Middlebury, CT, 06762
530 Middlebury Rd., Suite 210-B, Middlebury, CT, 06762
Tel: (203) 598-0210 Fax: (203) 598-0210
E-mail: katherinelorensen@sbcglobal.net Website: www.katherinelorensen.com

Katherine's holistic approach assists clients in healing body, mind & spirit. She is a Kinlein Practitioner, Hypnotherapist & Reiki Master Teacher.

*Kinlein is a professional practice of caring, based in philosophy, that builds on strenghts and problem solving skills, using the gift of reason. Consciously choose the path your life takes : self-esteem, relationships, marriage, divorce, women's issues, sexual abuse, stress, anxiety, grief & loss, spiritual growth as well as many other areas. Individual, couples,groups.

* Hypnotherapy-Change your thought and you change your whole life! Use the power of your mind to make changes in your life. Quit smoking, loose weight, reduce stress, accelerate healing, improve awareness, past life regression, trauma recovery, improve learning and more.

* Reiki Master Teacher-Usui lineage. Katherine blends the subtle, yet powerful effects of Reiki and other energy modalities to support healing on all levels. Private sessions, Certification Classes-Reiki I, II, III & Mastership.

Credentials & Education

Certified in the Practice of Kinlein (CPK); Certified Hypnotherapist (CHT); Certified Reiki Master & Teacher (RMT)

Maple Brook Reiki



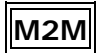
Aline Hoffman, MS, Art Therapist

Maple Brook Reiki, 950 Main Street, Coventry, CT, 06238-3152
Tel: (860) 742-6696
E-mail: bahoffman@earthlink.net Website: www.maplebrookstudio.com

Credentials & Education

MS (Counseling Psychology), Reiki Master, Art Therapist

Megan M. Marco, D.Ac., L.Ac.
Stonington Natural Health Center

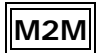


107 Wilcox Rd, Suite 103, Stonington, CT, 06378
107 Wilcox Rd, Suite 103, Stonington, CT, 06378
Tel: (860) 536-3880 Fax: (860) 536-3064
E-mail: info@snhc.com Website: www.snhc.com

Credentials & Education

Master of Acupuncture and Oriental Medicine

Julie McNeill
Julie McNeill



122 Ryder Road, North Stonington, CT, 06359
Tel: (401) 595-6886
E-mail: jmcneil124@comcast.net

Credentials & Education

Reflexology

Nicholas Michnevitz, Architect
MBH Architects LLC.

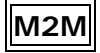


433 South Main Street, Suite 301, West Hartford, CT, 06110
Tel: (860) 521-1400 Fax: (860) 521-9400
E-mail: nickm@mbharchitectsllc.com Website: www.mbharchitectsllc.com

Credentials & Education

Bachelors of Architecture

Lori Michnevitz, RMT
Awakened Spirit



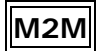
641 Waterman Road, Lebanon, CT, 06249
Tel: (860) 887-7497
E-mail: lpm@snet.net

Credentials & Education

BA- Marketing, Reiki, EMF, 12:12

Mind Matters Hypnosis Center

Lisa Zaccheo, Board Certified Hypnotist, BCH



50 Albany Tpk, Suite 5, Canton, CT, 06019
Tel: (860) 693-6448 Fax: (860) 693-2221
E-mail: info@mindmattershypnosis.com Website: mindmattershypnosis.com

Credentials & Education

Board Certified Hypnotist, Certified in Medical, Forensic, Clinical, Child & Adolescent Hypnosis

Mitchell Prywes, MD
Mitchell Prywes

105 Newtown Road, Danbury, CT, 06810
105B Newtown Road, Danbury, CT, 06810
Tel: (203) 744-4343
E-mail: MPrywes102@aol.com Website: www.CenterforPainRehab.com

The Center For Pain Rehabilitation is a comprehensive medical facility integrating conventional and Complementary Medicine to relieve pain and restore function. Treatment includes Medical Acupuncture, Osteopathic Manual Therapy, Physical Therapy, Therapeutic Exercise, and Trigger Point injections for acute and chronic musculoskeletal pain conditions including Myofascial Pain Syndrome/Fibromyalgia, Neck & Back Pain, and

Osteoarthritis.

Credentials & Education

Board certified - Physical Medicine & Rehabilitation, Diplomate - American Academy of Pain Management, Member (& past Board Member) - American Academy of Medical Acupuncture, Residency & Training - The Mt. Sinai School of Medicine.

Charlotte Moore
Cleanse The Internal "U"



938 Mt. Vernon Road, Southington, CT, 06489
Tel: (860) 283-4804
E-mail: momoosh@aol.com

Charlotte Moore has over 6 years of experience in Colon Hydrotherapy. She uses a safe, gentle method with gravity-fed equipment that irrigates the colon, helping to release built-up toxic waste, allowing for increased absorption of food nutrients into the body. A series of colonics, as often prescribed by Edgar Cayce, may help to relieve the following: allergies, busitis, colds, colitis, constipation, fatigue, indigestion, headaches, back pain, (osteo) arthritis, food sensitivities and skin disorders.

Credentials & Education

Training at Virginia Beach, ARE Cayce Foundation

Linda Morneau, CHt,
A Promise to Jo



2204 Bigelow Commons, Enfield, CT, 06082
Tel: (860) 741-1087 2nd Tel: (413) 335-7637 Fax: (860) 741-1087
E-mail: admin@apromisetojo.com Website: www.apromisetojo.com

Credentials & Education

Certified in Advanced Therapeutic Hypnosis, Reiki Master

Mother's Embrace Yoga

Linda Antignani, certified Hatha and Prenatal yoga instructor



476 Howe Avenue, Second floor, Shelton, CT, 06484
Tel: (203) 922-1505 2nd Tel: (203) 414-2607
E-mail: lindaantignani@msn.com Website: www.mothersembraceyoga.com

Credentials & Education

Certifications in Hatha and Prenatal yoga

Tammy Nelson, MS, ATR, LADC, LPC
Center For Healing & Recovery

M2M

650 Danbury Road, Ridgefield, CT, 06877
270 Main Avenue, Norwalk, CT, 06851
650 Danbury Rd, Ridgefield, CT, 06877
Tel: (203) 438-3007 2nd Tel: (203) 942-9616
E-mail: healhere2@aol.com Website: www.centerforhealingandrecovery.com

Tammy Nelson is Executive Director of the Center for Healing & Recovery and Yoga, a holistic psychotherapy center with two locations in Connecticut. In her private practice, she specializes in treating stress related disorders using holistic psychotherapy methods, individually, and in groups. Tammy is a licensed professional counselor, a licensed Alcohol and Drug Counselor, a Registered Art Therapist and a Certified Imago Relationship Therapist. Areas of expertise include the treatment of women's issues using groups and art therapy. Tammy currently specializes in working with couples using Imago therapy. She presents seminars around the country on the use of Integrative and Holistic Therapies. Tammy manages over 40 associates affiliated with the Centers, and she helps new practitioners start and grow private practices. Tammy also runs "Marketing Your Small Business" workshops around the country and is currently writing a book on Healing Relationships.

Cheryl O'Donnell, NC
The Way To Wellness

M2M

73 Vernon Rd., Bolton, CT, 06043
Tel: (860) 268-6916 2nd Tel: (860) 649-2518 Fax: (860) 649-2518
E-mail: cherylo73@comcast.net

Credentials & Education

Certificate

Pat Barry, PhD, APRN: Color Breathwork Method
Patricia Barry, PhD, APRN

60 Linnard Road, West Hartford, CT, 06107
Tel: (860) 231-8717
E-mail: patdbarry@aol.com Website: www.colorbreathworkmethod.com

Pat is a psychotherapist who works with the mind-body-spirit effects of home or work stress; painful emotions, trauma; depression; anxiety; helpless anger; relationship issues; and physical illness. An Advanced Practice Registered Nurse with 26 years' experience in private practice, her PhD research was in the mind-body science, psychoneuroimmunology. She offers treatment and training in the Color Breathwork Method, a healing approach she developed to relieve persistent stress patterns in your body.

Credentials & Education

Yale University, MSN - The Union Institute, PhD - Author: Mental Health and Mental Illness & Psychosocial Assessment of Physically-Ill Persons and their Families.

Daniel Pellet

M2M

Southern New England Neuro., LLC

50 Albany Tpke., Bldg. #5, Canton, CT, 06032
50 Albany Tnpk, Bldg #5, Flr 1, Collinsville, CT, 06019-2541
Tel: (860) 693-3657
E-mail: rivers68@aol.com Website: <http://www.balancedbrain.com>

Specializing in: anxiety, depression, addictions, ADHD, weight loss, headaches, back pain, OCD, seizures, pain management, stress and sleep disorders. Neurofeedback is an exercise that is performed using computers and other technological equipment. People use slow brainwaves to sleep and relax, and fast brainwaves to multi-task and perform in fast-paced environments. Neurofeedback teaches a person to increase or decrease their slow or fast brainwave output to function at their optimum physical and emotional health.

Credentials & Education

Certified by the National Registry of Neurofeedback Providers; Member of the Association for Applied Psychophysiology and Biofeedback; Pre-Med, Central CT State University; BS, Accounting, U. of Florida.

Gail Petrowsky

Wellness Options Seminars

110 Main Street, Manchester, CT, 06042
Tel: (860) 649-1599
Website: www.gailpetrowsky.com

Pinnacle Hypnosis Center, LLC

M2M

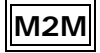
Susan Anderheggen, MS, BS, CH

2 Richter Drive, Danbury, CT, 06811
Tel: (203) 731-1971
E-mail: susan@pinnaclehypnosis.com Website: pinnaclehypnosis.com

Credentials & Education

NGH Certified Hypnotist, Mongan Hypnobirthing Certified

Brigitte Pohl-Knijff, L.Ac.



12 Salem Lane, South Salem, NY, 10590
Tel: (203) 313-5201
E-mail: brigitte@diamondcenter.net Website: acuandmore.com

Credentials & Education

MA Acupuncture

**Psychotherapy Services, LLC
Celeste Mattingly**

779 Farmingtn Avenue, West Hartford, CT, 06119
Tel: (860) 586-8700
E-mail: celest@snet.net

**Pymander Books & Gifts
Kristen Howard**

Pymander Books & Gifts, 215 Post Road West, Westport, CT, 06880
Tel: (203) 227-1715 Fax: (203) 299-0374
E-mail: kchoward@optonline.net Website: www.pymanderbooks.com

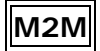
**KATHLEEN M. RILEY, ND
ECLECTIC NATUROPATHIC MEDICAL CENTER, LLC**

2434 BERLIN TURNPIKE, SUITE #18, NEWINGTON, CT, 06111
Tel: (860) 665-1254 Fax: (860) 665-7135
E-mail: drriley@kathleenrileynd.com Website: www. kathleenrileynd.com

Credentials & Education

ND

Christine Routhier, LCSW, RMT
Psychotherapy Services of CT, LLC



45 Hartford Turnpike, Ste 2, Vernon, CT, 06066
12 North Main Street, Suite 108, West Hartford, CT, 06107
9 Warren Ave, Vernon, CT, 06066
76 S. Frontage Rd, Vernon, CT, 06066
45 Hartford Turnpike, Ste 2, Vernon, CT, 06066
Tel: (860) 306-4414 Fax: (860) 647-6930
E-mail: psychtxofct@sbcglobal.net

Credentials & Education

MSW, RMT, AFSW, DBT

Sacred Spiral Services
Ellen Kratka



HACCT, 777 Federal Rd., Brookfield, CT, 06804
Tel: (203) 263-2643
E-mail: e.kratka@sbcglobal.net Website: www.hacct.org

Coaching individuals and small businesses since 1995, Ellen shows you how to claim your birthright of joy, vitality, success, purpose, and loving relationships. She is also a Healing Codes practitioner and holistic wellness consultant, offering a full range of health support products. For small businesses of all sizes she offers group and individual training and coaching in all aspects of business building. Inquire about the Chamber of Consciousness, SuperGrowth Groups and her free teleclasses.

Credentials & Education

Ellen is certified in Motherwavework, a multi-dimensional technology for personal and spiritual growth, which required 300 hours of training.

Patty Schein, M.Ed., LMFT, LPC
Holistic Healing Connections

63 cherry street @ harmony place, milford, CT, 06460
63 Cherry Street, Milford, CT, 06460-3490
63 cherry street @, Harmony Place, milford, CT, 06460
Tel: (203) 878-3140
E-mail: center2@snet.net

Patty provides interactive and integrative services in partnership with each client. She supports and facilitates your opening to and connecting more deeply to your body, soul, and spirit. This offers possibilities for a more conscious and fulfilling life. Some methods include: energy healing & balancing, reiki, breathwork, stress management, meditation and cognitive development. Patty is a pioneer in practicing holistic psychotherapy. She offers individuals and couples of any gender the opportunity for transformation.

Credentials & Education

Licensed Marriage & Family Therapist; Licensed Professional Counselor; Certified Gestalt Therapist, Reiki Master, Certified EMDR Practitioner, AAMFT Approved Supervisor, Certified Kripalu DansKinetics/YogaRhythmics Teacher, International Professional Teacher and Trainer.

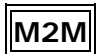
Stephen Siegel MD, MD,DABU Urology Specialists

160 Robbins Street, Waterbury, CT, 06708
Tel: (203) 757-8361
E-mail: stephensiegel@sbcglobal.net Website: www.urospec.com

Credentials & Education

MD, DABU

Charles Silverstein Integrated Kabbalistic Healing



26 Westcliff Drive, West Hartford, CT, 06117
Tel: (860) 523-9718

Credentials & Education

Certified Integrated Kabbalistic Healer

H. Robert Silverstein, MD, FACC Preventive Medicine Center

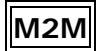
1000 Asylum Avenue, #2109, Hartford, CT, 06105-1794
Tel: (860) 549-3444
E-mail: hrs@wellness-md.com Website: www.thepmc.org

Preventive Medicine, Holistic Health, Primary Care Physician, Internal Medicine and Cardiology with a specialty in Cholesterol Control. Simultaneous prevention and reversal of multiple diseases. We deal in a positive and supportive fashion to change the five basic human activities (breathing, drinking, eating, exercising and mental activity) to prevent and reverse, where possible, the common diseases of our times.

Credentials & Education

MD, Ohio State University; Board Certified - Internal Medicine & Cardiology; Fellow of American College of Preventive Medicine.

Simsbury Therapeutic Massage & Wellness, LLC



Mary Broomall, LMT

916 Hopmeadow Street, Simsbury Town Shops, Simsbury, CT, 06070
916 Hopmeadow Street, Simsbury Town Shops, Simsbury, CT, 06070
Tel: (860) 651-2998
E-mail: mbroomall@sbcglobal.net Website: www.stmwellness.com

Credentials & Education

NCBTMB, AMTA, LMT

Gillis Sloan, NRNP



Connecticut Neurofeedback

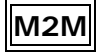
853 Bantam Road, Bantam, CT, 06750
Tel: (860) 567-7700 2nd Tel: (860) 671-0117 Fax: (860) 567-2430
E-mail: gillypalm@earthlink.net Website: ctneurofeedback.com

Gillis Sloan addresses ADHD, sleep problems, mood, awareness, focus, and peak performance, using neurofeedback /eeg biofeedback training techniques. Gillis Sloan has had certification training with Sten's Corp, Thought Technology, National Registry of Neurofeedback Providers, Zengar Institute, and over 1000 hours of training. She is a member of International Society of Neuronal Regulation (ISNR), Association of Applied Psychophysiology and Biofeedback (AAPB), Institute Of Noetic Science (IONS), and The New York Academy of Science (NYAS).

Credentials & Education

NRNP

Spirit Matters, LLC
Catherine Ewing-Rinker, M.Div., LCSW

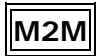


19 Pinney Street, Ellington, CT, 06029
49 Hearthstone Drive, South Windsor, CT, 06074
19 Pinney Street, Ellington, CT, 06029
Tel: (860) 871-9295 2nd Tel: (860) 543-5133 Fax: (860) 871-9271
E-mail: cewing-rinker@snet.net Website: www.spiritmattersct.com

Credentials & Education

M.Div., LCSW, RMT

Gay Stinnett



61-E Linden Ave, Branford, CT, 06405

Credentials & Education

RMT

Take Time Relaxation Center
Irene Mardal, LMT



130 Greenwood Avenue, Bethel, CT, 06801
Tel: (203) 792-2456
E-mail: irene@taketimecenter.com Website: www.taketimecenter.com

Irene Mardal, LMT has owned and operated Take Time Relaxation Center, LLC in downtown Bethel, CT since 1994. Irene is a Reiki Master/Teacher. Take Time staff includes experienced professionals specializing in relaxation, infant, pre/post natal, deep tissue, crania-sacral, Reiki, facials, reflexology, sports, aromatherapy, Shiatsu and On-Site massage. The mission of Take Time is to create a space for all ages to experience a client-centered massage comfortably to help restore balance. Our store front retails aromatherapy candles, bath and home products, music, books and more. Classes include: Intro to Massage for partners and children, Meditation, Creating Balance, Integrated QiGong & Tai Chi. NCBTMB Approved CEU Provider for Reiki Level I & II and Ethics & Self-Care. Appointments can be made by calling (203) 792-2456. For more info: www.TAKETIMECENTER.COM

Bonnie Tetro, LMT, CCHT

Longevity Wellness Therapies

340 Scott Hill Road, Lebanon, CT, 06249

Tel: (860) 887-0215

E-mail: bonnietetro@sbcglobal.net Website: www.longevitytherapies.com

Longevity is Biochemical tissue integrity. For centuries, Colon hydrotherapy, a gentle internal bath of the colon, has assisted in removal of toxic waste. Lymphatic therapy cleanses the body at a cellular level. Using quantum physics technology, the Lymph Lustre breaks up toxic debris for elimination thru the lymphatics. Ozone IR steam sauna

flushes toxins out of the body. Essential Oil therapies are anti-viral and anti-bacterial; also increasing the body's MHZ frequency for rejuvenation. Therapeutic massage modalities include chakra energy balancing. Private home office in serene country setting 40 min. from Hartford.

Credentials & Education

Certified National Board of Colon Hydrotherapists. Member of I-ACT. Certified Vodder Manual Lymphatic Drainage, and Decongestive Physiotherapy and Level III Lymphedema. Licensed Massage Therapist, Diploma in Iridology, certified Touch For Health II.

The Center of Light, New Haven

David Corvini, MD, Priest, MD

1224 Dean Street, New Haven, CT, 06512

1224 Dean Street, New Haven, CT, 06512

Tel: (203) 507-3580

E-mail: centeroflight@gmail.com Website: www.CentersOfLight.org

The Door Opener

Jon Roe

70 Valley Falls Road, Vernon, CT, 06066

Tel: (860) 875-4101 Fax: (860) 875-4101

E-mail: Jon.Roe@comcast.net Website: <http://www.anopendoor.com>

Credentials & Education

BS Aeronautical Engineering

The Healing Spirit, LLC

Catherine Katz

8 Station Street, Simsbury, CT, 06070
53 Musket Trail, Simsbury, CT, 06070
Tel: (860) 651-3167
E-mail: shell54@aol.com

Catherine Katz, owner of the Healing Spirit, LLC, offers a comforting, quiet atmosphere for Reiki sessions and teaching students. Music and aromatherapy accompany each session. Catherine also practices crystal therapy. She continually educates herself in the healing properties of crystals and stones and incorporates them into any Reiki session if the client so chooses. She offers all levels of Usui and Karuna Reiki training - individual as well as small groups. Catherine also offers a 20% Senior Citizen discount for sessions and classes.

Credentials & Education

Certified Usui Reiki Master Practitioner and Teacher; Certified Karuna Reiki I and II Practitioner.

**The Well
Karen Cote**

50 Gayle Drive, Bristol, CT, 06010
Tel: (860) 584-2480
E-mail: ddcote50@aol.com

Gyula Veres

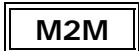


1320 Berlin Tpke #625, Wethersfield, CT, 06109
1320 Berlin Turnpike, Apt 625, Wethersfield, CT, 06109
Tel: (860) 956-8305 Fax: (860) 956-8305
E-mail: gyula1@earthlink.net

Credentials & Education

Certified Biofeedback Therapist, Pranic Healer Certificate, 2 yrs studies at The Institute of Healing Arts & Sciences

Well Connected, LLC



Sharon DeJoseph, RN, MSN, AHN-BC

304 Federal Road, Brookfield Office Park, suite 313, Brookfield, CT, 06804
16 Barnum Road, Danbury, CT, 06811-2936
Tel: (203) 746-6915
E-mail: sekdej@aol.com

Well Connected is a professional, wellness counseling and therapies practice which uses myofascial release, myofascial cranio-sacral techniques, meditation, guided imagery, and drumming/rhythm to reduce stress and pain.

Myofascial release, a hands-on therapy of connective tissue, can be effective for pain syndromes, immobility, dysfunction or disease and for overall wellness and stress reduction. MFR reduces the tension on pain sensitive tissues and joints. MFR accesses the deepest layers of connective tissue to promote healing.

Credentials & Education

Sharon DeJoseph, MSN RN, certified with the AHNCC and a member of the AHNA has extensive myofascial training which includes pediatrics. She offers programs on a variety of wellness topics.

Wellness Matters, LLC

M2M

Lynn Slavin, RMT/IARP

Four McLaren Road South, Darien, CT, 06820

Tel: (203) 655-4515

E-mail: healyn@optonline.net Website: www.wellnessmattersllc.com

Lynn has been in private practice since 1996. Modalities include Reiki, meditation, visualization and lay counseling with particular focus on spirituality, grief issues and healing from addictions. Lynn offers Reiki healing at the Integrative Medical Department of Bennett Cancer Center in Stamford, as well as the Center for Hope, in Darien. She works with Hospice patients, teaches Reiki to the staff of VN & Hospice of Southwestern CT, Inc., and serves on their Advisory Board.

Credentials & Education

RMT

West Hartford Alexander Technique

M2M

Sara Miller

West Hartford Alexander Technique, 159 Elmfield Street, West Hartford, CT, 06110

Tel: (860) 656-6177 Fax: (866) 412-4271

E-mail: smiller@atcne.com Website: www.ATCNE.com

Credentials & Education

AmSAT Certified

Whole Health Natural Family Medicine

M2M

Robin Ritterman, ND, LAC

3011 Whitney Ave, Hamden, CT, 06518
3011 Whitney Ave, Hamden, CT, 06518
Tel: (203) 288-8283 Fax: (203) 288-8405
E-mail: rrittermann@aol.com Website: wholehealthct.com

Dr. Ritterman combines naturopathic medicine and Oriental medicine to determine the root cause of her patients' health concerns. She uses dietary changes and nutritional supplements, Chinese and Western herbal medicines, acupuncture and homeopathy to address underlying imbalances and bring greater health. She has worked extensively with women's health concerns, digestive disorders, allergies, chronic pain and immune disorders.

Credentials & Education

Licensed Naturopathic Physician, Licensed Acupuncturist, Clinical Faculty and Adjunct Teaching Faculty at University of Bridgeport Acupuncture Institute.

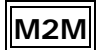
Eric Wright Rapid Synergy

342 Porter Avenue, Middlebury, CT, 06762

Brian Yomtov, DC, AcCP

Advanced Chiropractic & Wellness LCC.

47 Oak St Suite 5, Stamford, CT, 06905
77 Prospect st, 12H, Stamford, CT, 06901
16 Isaac St, Norwalk, CT, 06850
47 Oak St, Suite 205, Stamford, CT, 06905
Tel: (203) 316-8477 Fax: (203) 316-8644
E-mail: dryomtov@yahoo.com



Credentials & Education

Applied KInesiologist, Acupuncturist, ACE Certified Personal Trainer

Linda Zitka, RN, ACH, CHT Woodhaven Wellness Center

257 Old New London Road, Salem, CT, 06420

Tel: (860) 859-2502

E-mail: izitka@99main.com Website: www.woodhavenwellness.com

Linda brings the varied experiences in her career as an RN to blend with the many healing and de-toxing services offered at the center. Hypnotherapy, Lymphatic Drainage/Massage Therapy, Reiki, Far Infra-red Sauna, Low Level Laser Therapy, Colon Hydrotherapy and Ondamed Biofeedback all can assist clients to improve their physical and emotional health and well-being. At her 'haven in the woods', such issues as addiction, obesity, smoking, body imbalances and many others are addressed on an individual basis in a scenic rural setting. Linda's philosophy is: "Better health for a better life."

Credentials & Education

ADN-Associate Degree in Nursing, Registered Nurse, ACH-Advanced Certified Hypnotherapist, Member National Guild of Hypnotists, CHT-Cert. Member International Association Colon Therapists, Certified in Manual Lymphatic Massage/Drainage, Certified Ondamed Biofeedback Technician

ACUPRESSURE

- A Healing Place
- Breathing Space Therapeutic Massage
- Complementary Healthcare Institute, LLC

ACUPUNCTURE

- Complementary Healthcare Institute, LLC
- Mitchell Prywes, MD
- Whole Health Natural Family Medicine

ANIMAL WELLNESS

- CT Institute for Herbal Studies

AROMATHERAPY

- Take Time Relaxation Center
- Tetro, Bonnie

ART FOR HEALING

- Brockett, Nancy
- Nelson, Tammy

BIOFEEDBACK

- Pellet, Daniel
- Sloan, Gillis
- Zitka, Linda

BODY WORK

- Greene, Dr. Kimble

BUSINESS CONSULTANT

- Ask Joanne, LLC
- Greene, Dr. Kimble
- Sacred Spiral Services

CHIROPRACTIC - LIC.D

- CenterIMT Bloomfield

CLEANSING/DETOXIFICATION

- Ages of Health, LLC

COACHING

- Finding Peace of Mind
- Greene, Dr. Kimble
- Jacobs, Cris
- Lorensen, Katherine L.
- Sacred Spiral Services
- Schein, Patty

COLON HYDROTHERAPY

- Colonic Institute of West Hartford
- Jones, Constance
- Moore, Charlotte
- Tetro, Bonnie
- Zitka, Linda

CORE ENERGETICS

- Jacobs, Cris

COUNSELING

- Brockett, Nancy
- Finding Peace of Mind
- Golbert, Aimee
- Greene, Dr. Kimble
- Greenfield, Dr.Dave
- Lorensen, Katherine L.
- Nelson, Tammy
- Schein, Patty

CRANIOSACRAL THERAPY

- CenterIMT Bloomfield
- Ferrier Physical Therapy
- Well Connected, LLC

DENTISTRY

- Kundel, Leonard

DREAMWORK

- Greenfield, Dr.Dave

EAR CANDLING

- Colonic Institute of West Hartford
- Health In Harmony, LLC

EMDR

- Golbert, Aimee
- Greenfield, Dr.Dave
- Lorensen, Katherine L.

ENERGY HEALING

- Bryant, Rita Marie
- Carn A Feith
- Colonic Institute of West Hartford
- Complementary Healthcare Institute, LLC
- Greene, Dr. Kimble
- Greenfield, Dr.Dave
- Healing Journeys, LLC
- Institute of Healing Arts & Sciences, LLC
- Jacobs, Cris
- Lorensen, Katherine L.
- Sacred Spiral Services
- Sloan, Gillis
- Wellness Matters, LLC
- Zitka, Linda

EXERCISE/FITNESS

- Ferrier Physical Therapy
- Laga, Dr. Tom

FAMILY CONSTELLATIONS

- Greene, Dr. Kimble

FENG SHUI

- Complementary Healthcare Institute, LLC

HEALING TOUCH

- Carn A Feith

HERBOLOGY

- A Healing Place
- CT Institute for Herbal Studies
- Whole Health Natural Family Medicine

HERBS

- CT Institute for Herbal Studies

HOLISTIC CENTER

- Bryant, Rita Marie
- Greene, Dr. Kimble

HOLISTIC PET THERAPIES

- CT Institute for Herbal Studies

HOLISTIC TRAVEL

- CT Institute for Herbal Studies

HOLOGRAPHIC MEMORY RESOLUTION

- Gruszecki, ND, Andrea E.

HOMEOPATHY

- Kundel, Leonard

HYPNOTHERAPY

- Complementary Healthcare Institute, LLC
- Greenfield, Dr.Dave
- Innovative Hypnotherapy Center
- Lorensen, Katherine L.
- Pat Barry, PhD, APRN: Color Breathwork Method
- Zitka, Linda

IMAGERY

- Golbert, Aimee
- Pat Barry, PhD, APRN: Color Breathwork Method

INFRARED SAUNA THERAPY

- Colonic Institute of West Hartford
- Health In Harmony, LLC
- Zitka, Linda

INTEGRATIVE MEDICINE

- CenterIMT Bloomfield
- CT Institute for Herbal Studies
- Wellness Matters, LLC

INTUITIVE COUNSELING & DIAGNOSIS

- Greenfield, Dr.Dave

- Gruszecki, ND, Andrea E.

IRIDOLOGISTS

- Ages of Health, LLC

KINLEIN

- Associates in Kinleining, Inc.
- Lorensen, Katherine L.

LASER THERAPY

- Mitchell Prywes, MD
- Zitka, Linda

LYMPH DRAINAGE

- Tetro, Bonnie
- Zitka, Linda

MASSAGE THERAPY

- Breathing Space Therapeutic Massage
- Colonic Institute of West Hartford
- Take Time Relaxation Center
- Tetro, Bonnie

MEDITATION

- Associates in Kinleining, Inc.
- Nelson, Tammy
- Take Time Relaxation Center

MYOFASCIAL RELEASE

- Ferrier Physical Therapy
- Well Connected, LLC

NATUROPATHIC MEDICINE. LICENSED ND

- Gruszecki, ND, Andrea E.
- Whole Health Natural Family Medicine

NUTRITION

- Gruszecki, ND, Andrea E.
- Health In Harmony, LLC
- Laga, Dr. Tom
- Silverstein, H. Robert

- Whole Health Natural Family Medicine

ORGANIZATIONAL WELLNESS

- Laga, Dr. Tom
- Sacred Spiral Services

PAIN MANAGEMENT

- Mitchell Prywes, MD
- Pellet, Daniel
- Well Connected, LLC

PHYSICAL THERAPY

- CenterIMT Bloomfield
- Ferrier Physical Therapy
- Mitchell Prywes, MD

PHYSICIAN, LICENSED

- Mitchell Prywes, MD
- Silverstein, H. Robert

PSYCHOTHERAPY

- Associates in Kinleining, Inc.
- Brockett, Nancy
- Golbert, Aimee
- Greenfield, Dr.Dave
- Institute of Healing Arts & Sciences, LLC
- Nelson, Tammy
- Pat Barry, PhD, APRN: Color Breathwork Method
- Schein, Patty

PUBLICATIONS

- The Door Opener

REFLEXOLOGY

- A Healing Place
- Health In Harmony, LLC

REIKI

- Carn A Feith
- Greenfield, Dr.Dave
- Health In Harmony, LLC
- Lorensen, Katherine L.

- Schein, Patty
- Sloan, Gillis
- Take Time Relaxation Center
- The Healing Spirit, LLC
- Wellness Matters, LLC
- Zitka, Linda

ROSEN METHOD

- Garofalo, Carmela

SAND PLAY THERAPY

- Golbert, Aimee

SCHOOLS & LEARNING CENTERS

- CT Institute for Herbal Studies
- Institute of Healing Arts & Sciences, LLC

SPIRITUAL COUNSELING

- Brockett, Nancy
- Greene, Dr. Kimble
- Greenfield, Dr. Dave
- Lorensen, Katherine L.
- Pat Barry, PhD, APRN: Color Breathwork Method

SPIRITUAL HEALING

- Greene, Dr. Kimble

STRESSCARE/STRESS MANAGEMENT

- Associates in Kinleining, Inc.
- Finding Peace of Mind
- Laga, Dr. Tom
- Pat Barry, PhD, APRN: Color Breathwork Method
- Schein, Patty
- Sloan, Gillis
- Take Time Relaxation Center
- Well Connected, LLC
- Wellness Matters, LLC

SURGERY PREPARATION

- Associates in Kinleining, Inc.

TANTRIC SEXUALITY

- Greenfield, Dr.Dave

TRADITIONAL CHINESE MEDICINE

- CT Institute for Herbal Studies

USUI REIKI

- Lorensen, Katherine L.
- Sloan, Gillis

WELLNESS COUNSELING

- Gruszecki, ND, Andrea E.
- Jones, Constance
- Laga, Dr. Tom
- Nelson, Tammy
- Sacred Spiral Services
- Silverstein, H. Robert
- Well Connected, LLC
- Zitka, Linda

WOMEN'S HEALTH

- CT Institute for Herbal Studies
- Finding Peace of Mind
- Whole Health Natural Family Medicine

WORKSHOPS

- Ask Joanne, LLC
- Carn A Feith
- CenterIMT Bloomfield
- CT Institute for Herbal Studies
- Greene, Dr. Kimble
- Jacobs, Cris
- Lorensen, Katherine L.