



**The SW Branch of the Connecticut  
Holistic Health Association  
& the Greenwich YWCA**

*Presents*

*Art, Healing and Recovery  
with*

*Tammy Nelson, MS, ATR, LPC, LADC*

*Topic: Art has a profound influence on our being from a variety of levels including emotional, mental and spiritual. This talk will focus upon art a method for healing ourselves and our relationships.*

*Tammy Nelson: is Executive Director of the Center for Healing & Recovery, a holistic psychotherapy center with two locations in Connecticut. In her private practice, she specializes in treating stress related disorders using holistic psychotherapy methods, individually, and in groups. Tammy is a licensed professional counselor, a Licensed Alcohol and Drug Counselor, a Registered Art Therapist and a Certified Imago Relationship Therapist. Areas of expertise include the treatment of women's issues using groups and art therapy. Tammy currently specializes in working with couples using Imago therapy,. She presents seminars around the country on the use of Integrative and Holistic Therapies.*

Join us on

**Thursday, June 3, 2004**

**7:00 – 9:00 pm**

**Greenwich YWCA**

**259 E. Putnam Avenue, Greenwich , CT**

**For information call: Monica St. Clare 203/869-6501 ext. 131**

Directions from your home: [www.mapquest.com](http://www.mapquest.com)

**Free to members and the public**

**CHHA: [www.cthha.org](http://www.cthha.org)**