



Dr. Judith Orloff

The Power of Intuition and the Positive Energy to Heal: An Evening with Judith Orloff, MD

You possess an innate intuitive intelligence so powerful that it can tell you how to heal and prevent illness. Judith Orloff, MD, a pioneer in the new field of Energy Psychiatry shows how to reclaim this intelligence. She passionately believes that the future of medicine lies in using intuition to access your body's subtle energies for greater wellness. This sacred energy is with you at birth, throughout life and continues after death – a marker of your soul's journey. You can learn to draw upon it.

This talk, based on Dr. Orloff's new book, *Positive Energy*, offers practical ways to increase total wellbeing. You'll discover how to:

- Use intuition to access energies from physical to spiritual
- Read energy fields
- Combat "energy vampires," people who drain you
- Avoid fatigue by not absorbing people's pain or negativity
- Prevent energy defensive eating, a major reason diets fail
- Prevent energetic overload and exhaustion from being in crowds
- Maintain your body's physical health and subtle energy system

Too many of us walk around exhausted, irritable, or stressed out by the pressures of daily life and the demands we put on ourselves. There is a better, easier way to live and it's available to you now. Let Dr. Judith Orloff show you ways to reconnect with subtle energies in daily life to become more joyful and healthy. For more information about Judith Orloff M.D. visit www.drjudithorloff.com.

April 7, 2005 7:00 PM
Ives Concert Hall, White Hall, WCSU Danbury
Tickets: \$20 plus \$1 for postage & handling
Ticket Sales begin February 1, 2005
Contact: Helen Masterson: 203-837-8800

Book signing following the presentation

Check out our Websites: www.cthha.org and www.wcsu.edu/ihhs/



***Third Annual
Connecticut Holistic
Health Fair 2005***
at Western Connecticut State
University

Saturday April 9, 1005
10:00 AM – 5:00 PM
Berkshire Hall
Midtown Campus

Meet distinguished practitioners in alternative and complementary health care offering guidance education and treatment in holistic health modalities.

Admission: \$5.00 at the door. Students, Alumni, Teachers and Seniors Free

SPONSORS to date for the CT Holistic Health Association Danbury Branch and The Institute for Holistic Health Studies at WestConn's 2004-05 monthly programs include **Topical BioMedics, Inc., WCSU Student Affairs, Associates in Kinleining, Inc., Waterbury Hospital, Webster Bank, LOTUS @ Waterbury Hospital, and Take Time Relaxation Center®**

MARK YOUR CALENDARS FOR UPCOMING CHHA DANBURY MEETINGS!

- Tuesday, March 8, 2005 Panel Discussion Creating Mind-Body-Spiritual Balance, Moderator Irene Mardal, Owner Take Time Relaxation Center WCSU Alumni Hall
- Tuesday, May 10, 2005 Countering Environmental Influences on Health With Magnetic and Far-Infrared Technologies with Rosemary and Denis Bouffard *WCSU Alumni Hall*
- Tuesday, June 14, 2005 Homeopathy with Diana Gubbay *WCSU Warner Hall*

**DIRECTIONS TO:
Western CT State University
(Midtown Campus)**

From the West:

Take Exit 5 off I-84 to first traffic light (Main Street). Turn right and continue on Main Street to White Street (fourth traffic light). Turn left on White Street and continue ½ mile. Make left onto Fifth Avenue. Turn right into campus parking lot. Park in Student/Visitor Parking lot on left side. Follow signs to Warner Hall or White Hall or Alumni Hall for specific events.

From the East:

Take Exit 5 off I-84 to first traffic light (Clapboard Ridge Road). Turn right and continue on (Clapboard Ridge will turn into Main Street) to White Street (fifth traffic light). Turn left on White Street and continue ½ mile. Make left turn onto Fifth Avenue. Turn right into campus parking lot. Park in Student/Visitor Parking lot on left side. Follow signs to Warner Hall or White Hall or Alumni Hall for specific events.

For campus info: 1-877-837-WCSU