

HUMANITIES, THE ARTS, AND HEALING

The 1st Annual Holistic Health Fair
At Manchester Community College

Including:

Stress Reduction, Exercise & Fitness,

Nutrition, Reiki Therapy, Massage Therapy, Herbal Medicine

.....and more

**Arts, Science, and Technology Center
Thursday, April 21, 4:00-8:00 PM**

Guest Speakers:

Robban Sica, M.D. **Understanding Chelation Therapy: 7pm**

Robert Silverstein, M.D. **New Approaches to Heart Disease: 5pm**

Workshops:

Tibetan Healing 4pm; Hypnotherapy 7pm

Admission is FREE!!!

Presented by: the Health Careers Dept. at MCC and the Connecticut Holistic Health Association

