

The Danbury Branch of the
Connecticut Holistic Health Association (CHHA)

in partnership with

Western Connecticut State University
present

A Journey into Healing through Dreamwork

with **Wanda Easter Burch**

author of

She Who Dreams: A Journey into Healing through Dreamwork

Through the telling of one woman's story, her own, Wanda Burch describes how we can use our dreams to discover or build more creative relationships, draw on energy and guidance from deeper sources, and connect with the deeper story of our lives, and even self diagnose and self-heal major illness. Wanda was always a dreamer, and her grandmother believed in the power of dreams and encouraged her to pay attention to her dreams. She had dreamed that she would die at a certain age. Her dreams foretold her diagnosis of breast cancer, and then guided her toward treatment and wellness. She tells an amazing story of one dream in which she renegotiated her life contract, choosing to live longer and not to die, but not without cost. Her message is that wisdom lives within each of us, and we can tap into that wisdom with some guidance. Wanda writes "within each of us lies the ability to rise above the challenges of our lives and choose our own ways of living, of healing."

Wanda Burch is a long-term survivor (14 years) of breast cancer who has always had a vibrant dream life. She works with Robert Moss, author of *Conscious Dreaming*. She also gives seminars and workshops on dreams and works closely with support groups, churches, and cancer organizations to teach women about healing practices. Her other work involves historical preservation, and she has extensive experience in facilitating groups for historical societies, women's organizations, and support groups. She lives in Fultonville, New York.

Tuesday, June 8, 2004

6:30 PM –8:30 PM

**WestConn Midtown Campus – Warner Hall
181 White Street, Danbury, CT (directions on back)**

The evening will begin with networking/social time followed by our speaker.

CHHA Members: \$5; Non-CHHA Members: \$10; WestConn Students and Faculty: Free, Senior Citizens: \$1;

Other Students with student ID: \$1

For more information call: (845) 228-0720 or e-mail: chhadanbury@rcn.com